

# CARDIAC AND AORTIC PANELS KNOW&MANAGE

BARCODE

## PHYSICIAN INFORMATION

INSTITUTION/PRACTICE	ADDRESS (STREET NAME, NO., CITY, POSTAL CODE, COUNTRY)
FIRST NAME	TELEPHONE NUMBER (COUNTRY CODE & NUMBER)
LAST NAME	E-MAIL ADDRESS (FOR REPORT ACCESS)

## PATIENT INFORMATION

FIRST NAME	ADDRESS (STREET NAME, NO., CITY, POSTCODE, COUNTRY)
LAST NAME	TELEPHONE NUMBER (COUNTRY CODE & NUMBER)
DATE OF BIRTH (DD/MM/YYYY)	GENDER (MALE/FEMALE/OTHER - SPECIFY KARYOTYPE)
PERSONAL IDENTIFICATION NO.	SAMPLE COLLECTION DATE (DD/MM/YYYY)
REASON FOR TEST (DIAGNOSIS, PREDICTIVE, CARRIER)	

## DECLARATION OF CONSENT (ACCORDING TO GERMAN GENETIC DIAGNOSTICS ACT, GenDG)

*Applicable only for the determination of genetic (hereditary) characteristics*

The GenDG requires provision of detailed information and a written consent for all genetic investigations as well as genetic counselling prior to both predictive (applies to healthy individuals) and prenatal testing (with restrictions: prenatal testing is not performed for late manifesting disorders, including Hereditary Cancer Panels). The German Society of Human Genetics (GfH) and the Association of German Human Geneticists (BVDH) recommend clarifying the issues listed below during the information process. Please read the declaration of consent carefully and tick the boxes, in accordance with your consent.

### By signing the form below I confirm that I:

- Have been fully informed by my physician about the significance and consequences of the genetic investigation, in compliance with GenDG.
- Have read/have been read the Information for Patients (page 5) which is attached to this form and which I fully understand.
- Have been given sufficient opportunity to discuss open questions.
- Authorize [insert legal entity here] to collect the necessary samples for investigation (blood, tissue, chorionic villus cells or amniotic fluid for prenatal diagnosis) and to send this form to MVZ Martinsried GmbH, Lochhamer Str. 29, 82152 Martinsried, Germany, in order to perform the tests requested through this form.
- Consent to the genetic test being carried out in order to clarify the disease/dysfunction/suspected diagnosis.  
YES NO  
  I agree that the investigation or parts of the investigation may be forwarded to collaborating medical laboratories, if necessary.  
  I agree with the evaluation of additional genes in the same indication group as part of the research.  
  I agree that the remaining specimens may be stored for further investigations after the examination is completed, yet not claiming storage.  
  I agree that the specimens, and if applicable DNA sequence information, may be made available anonymously for quality management and scientific purposes.  
  I agree that the results of the analysis may be stored for a longer period than the statutory period of 10 years, yet not claiming storage of results.  
  I agree to the storage and use of my test results under the protection of anonymity in a statistical database used for scientific purposes and to help diagnose genetic diseases. I understand that  
  I will remain under the protection of anonymity and I cannot be identified during the analysis of the data and that any personal information will be transformed into information of a non-personal nature.

### By signing the form below I confirm that:

- I may stop the investigation at any time and ask for the results available until that time to be destroyed.
- I may withdraw any of my consents given through this form entirely or in part at any time without giving reasons.
- I will be charged for the costs incurred until the time of withdrawal of consent.
- I may choose not to be informed about the test results (right not to know).
- I know that the genetic investigation and evaluation is limited to the requested indication and no statements will be made about other diseases.
- All information I have provided is true and correct.

### Communication of additional findings found during the course of the research

- YES, I wish to be informed about additional findings.  
 NO, I do not wish to be informed about additional findings.

### In addition,

- YES  NO  I agree that a copy of the results of the analysis may be sent to the following physician(s), in accordance with my express requests and according to [insert legal entity here] internal procedures.

DR(S) NAME \_\_\_\_\_  
STREET \_\_\_\_\_  
POSTCODE/CITY \_\_\_\_\_  
COUNTRY \_\_\_\_\_  
PLACE \_\_\_\_\_  
DATE \_\_\_\_\_

SIGNATURE OF PATIENT OR PARENT/LEGAL GUARDIAN

PHYSICIAN'S SIGNATURE

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## PATIENT INFORMATION

Indication: \_\_\_\_\_

Is there a pregnancy / partner's pregnancy?  No  Yes Gestational week \_\_\_\_\_ + \_\_\_\_\_

Parental consanguinity:  No  Yes

## CLINICAL SYMPTOMS

### Family history

Are there other affected family members with similar symptoms?  No  Yes

If yes, who? \_\_\_\_\_

### CARDIAC SYMPTOMS

- Syncope
- Hypertrophic cardiomyopathy
- Ventricular septal hypertrophy: \_\_\_\_\_ mm
- Left ventricular hypertrophy: \_\_\_\_\_ mm
- Sudden cardiac death / cardiac arrest
- Dilated cardiomyopathy
- Left ventricular dilation

- Right ventricular dilation
- Structural abnormalities of the myocardium: \_\_\_\_\_
- Left ventricular noncompaction cardiomyopathy
- Reduced left ventricular ejection fraction: \_\_\_\_\_ %
- Reduced right ventricular ejection fraction: \_\_\_\_\_ %
- Atrial septal defect

- Ventricular septal defect
- Tetralogy of Fallot
- Hypoplastic left heart syndrome
- Aortic stenosis
- Pulmonary stenosis
- Atrioventricular septal defect
- Valve defect (specify: \_\_\_\_\_)

### ECG FINDINGS

- Prolonged QTc interval: \_\_\_\_\_ ms
- Torsades de Pointes
- Stress-induced polymorphic ventricular tachycardia
- Brugada Type 1 ECG
- J wave

- Epsilon wave
- ST-segment elevation
- T-wave inversion
- Delta wave
- Ventricular tachycardia
- Ventricular extrasystoles

- Atrial fibrillation
- Ventricular fibrillation
- Atrioventricular block
- Right bundle branch block
- Left bundle branch block

### LABORATORY PARAMETERS (please attach corresponding abnormal lab findings)

- Total Cholesterol: \_\_\_\_\_
- Triglycerides: \_\_\_\_\_
- HDL-Cholesterol: \_\_\_\_\_
- Abnormal enzyme level: \_\_\_\_\_

- LDL-Cholesterol: \_\_\_\_\_

### OTHER ABNORMALITIES

- Sensorineural hearing loss
- Diabetes mellitus
- Periodic paralysis
- Smoker
- Systolic blood pressure: \_\_\_\_\_
- Other abnormalities: \_\_\_\_\_

### INHERITANCE - INDICATIONS OF:

- Autosomal dominant
- Autosomal recessive
- X-linked

## INVESTIGATION ORDER

Our expert team is available for questions at any time: info@medicover-diagnostics.de or call +49 89 895578-0

- Diagnostic
- Predictive
- Prenatal

Targeted diagnostics for a known familial variant?  Yes, please include a copy of the findings; alternatively, specify gene, variant, and transcript exactly:

Gene: \_\_\_\_\_ Variant: \_\_\_\_\_ Transcript: \_\_\_\_\_

For ordering whole exome sequencing, please use the Whole Exome Sequencing Decode&Discover order form.

## OUR PANELS

### ARRHYTHMOGENIC HEART DISORDERS

- Comprehensive arrhythmias & cardiomyopathies panel

### ARRHYTHMIA (CHANNELOPATHIES)

- Comprehensive arrhythmias panel  
 Atrial fibrillation panel  
 Brugada syndrome panel  
 Catecholaminergic polymorphic ventricular tachycardia panel  
 Early repolarization syndrome panel  
 Long QT syndrome panel  
 Progressive cardiac conduction disorder panel  
 Short QT syndrome panel  
 Sinus node dysfunction panel

### AORTIC DISORDERS

- Comprehensive aortic disorders panel  
 Ehlers Danlos syndrome panel  
 Loey's Dietz syndrome panel  
 Marfan syndrome panel  
 Thoracic aortic aneurysm (+/- dissection) panel

### CONGENITAL HEART DEFECTS

- Comprehensive congenital heart defects panel  
 Alagille syndrome panel  
 DiGeorge syndrome  
 Heterotaxy panel  
 Isolated & syndromic congenital heart defects panel  
 RASopathies panel  
 Williams Beuren syndrome

### LIPID METABOLISM DISORDERS

- Familial hypercholesterolemia panel  
 Hyperlipidemia / Hyperlipoproteinemia panel  
 Hypolipidemia / Hypolipoproteinemia panel

### PHARMACOGENETICS

- $\beta$ -blocker (CYP2D6)  
 Clopidogrel (CYP2C19)  
 Mavacamten (CYP2C19)  
 Statine (SLCO1B1)  
 Sartane (CYP2C9)

### CARDIOMYOPATHIES

- Comprehensive cardiomyopathies panel  
 Arrhythmogenic cardiomyopathy panel  
 Dilated cardiomyopathy panel  
 Hypertrophic cardiomyopathy panel  
 Noncompaction cardiomyopathy panel  
 Restrictive cardiomyopathy panel

### SYNDROMIC FORMS OF HCM WITH EXTRACARDIAC MANIFESTATION

- Amyloidosis  
 Endocardial fibroelastosis panel  
 Friedreich's ataxia  
 Hemochromatosis panel  
 Cardiofaciocutaneous syndrome panel  
 Laing syndrome panel  
 Lysosomal storage disorders panel  
 Mitochondrial syndromes (Leigh syndrome, MELAS, MERRF)  
 Myofibrillar myopathy panel  
 PRKAG2 cardiomyopathy  
 RASopathies panel

To request whole exome sequencing, please use the Whole Exome Sequencing Decode&Discover order form.  
Please find the up-to-date list of genes for each panel on [www.medicover-genetics.com](http://www.medicover-genetics.com).

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## INFORMATION FOR PATIENTS

BARCODE

### PATIENT INFORMATION

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#### CLINICAL DIAGNOSIS

Genetic counselling or counselling by the ordering physician is necessary before ordering a test in order to inform the patient of all of the possible outcomes and the limitations of the genetic test.

I understand that I will be tested for:

(to be filled in by physician)

I understand that the biological sample will be used to determine if I, or members of my family, are carriers of a genetic variant causing the disease, or are carriers of the disease, or have an increased risk of developing a disease.

**The role of genetic testing.** In many cases, a genetic test can directly detect a genetic alteration. Molecular tests can identify structural changes in the DNA (variants). Cytogenetic tests identify the chromosomal changes (structural or numerical). The sensitivity and specificity of each test varies. The tests offered are complex analyses and are performed using high-end equipment. The methods are externally validated, but there is a minimal possibility of errors.

**The significance of the results.** If the result is identified as being directly causative of the clinical manifestations, it is considered to be conclusive. If the test does not identify the causative mutations of the clinical manifestations, it is considered to be inconclusive and this does not preclude other genetic changes (or non-genetic factors) responsible for the disease (a genetic disease or susceptibility to a genetic condition is not excluded). Therefore, an inconclusive result (no causative mutation identified) does not exclude the existence of other pathogenic genetic changes (variants) not tested through the current analysis. Interpretation of the genetic results relies on a complete clinical picture of the patient, including clinical manifestations, family medical history and previous diagnoses. An error in diagnosis could occur due to a clinical picture that is different from that declared. In addition, the test can identify a possible nonpaternity. The test results will be forwarded to the patient by the geneticist or ordering physician and are confidential.

#### By my signature, I hereby certify that:

1. I have been informed of the nature and purpose of the genetic test.
2. I have been informed of the benefits and limitations of the genetic test by \_\_\_\_\_ (name of physician).
3. I have been informed that the genetic test can provide information/results which have no connection with the purpose of testing. I understand that only I decide if I want those additional results to be provided.
4. I have received clear answers to my questions in relation to the genetic test.
5. I have received a copy of this form.
6. I agree to provide a sample for the above mentioned genetic test.

I have explained the risks and benefits of the test as well as alternative test methods to the parent/legal guardian. I have answered all the questions from the parent/legal guardian.

Name of the ordering physician

FIRST NAME	LAST NAME
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SIGNATURE OF THE ORDERING PHYSICIAN

DATE OF SIGNATURE

Completed by:  Parent/Legal Guardian  Patient

FIRST NAME

LAST NAME

DATE OF COMPLETION

SIGNATURE